

FORT LAUDERDALE
EST. 2015

SÀPIDO®

CUCINA ITALIANA E PIZZA

MARKET & CAFE

ANTIPASTI

- POLPETTE al SUGO** 14
Handrolled beef meatballs with homemade tomato sauce and parmesan cheese
- BURRATA CAPRESE** 16
Fresh burrata cheese, in a bed of arugula with cherry tomatoes, basil, evoo
With Prosciutto di Parma + 6
- POLPO con PATATE** 20
Octopus salad with potatoes, kalamata olives, celery and lemon dressing
- BRUSCHETTA al pomodoro** 14
3 garlic toasted bread topped with fresh tomatoes, basil and evoo
- BRUSCHETTA rustica tricolore** 20
4 garlic toasted bread served with 3 cups of our signature sauces: ragu romagnolo, basil pesto, parmigiano and gorgonzola cream
- BRESAOLA CARPACCIO** 22
Carpaccio of Bresaola with arugula, tomatoes and shaved parmesan cheese
- TAGLIERE MISTO** 40
Rustic charcuterie board with selected imported italian meats and cheeses

SALADS

- RUCOLA** 16
Arugula salad, avocado, tomatoes, shaved parmesan cheese with lemon dressing
- MEDITERRANEA** 17
Mixed greens, kalamata olives, red onions, cucumbers, cherry tomatoes, feta cheese, evoo and balsamic glaze
- FRUTTI DI BOSCO** 16
Mixed greens with gorgonzola cheese, dried berries mix, almonds, honey mustard balsamic dressing
- GAMBERI e AVOCADO** 18
Shrimps, avocado, cherry tomatoes, cucumbers and mixed greens with lemon dressing
- CAESAR** 16
Romaine lettuce and shaved parmesan tossed with classic caesar dressing and homemade croutons
With Grill Chicken + 7
- SAPIDO** 20
Mixed greens with grilled chicken strips, almonds, strawberries, fresh mozzarella, cherry tomatoes with homemade berry balsamic dressing

PIZZA *12 inches*

- MARGHERITA** 18
Fresh mozzarella, tomato sauce, fresh basil and evoo
- PASTORE** 24
Our Four Cheese pizza with fresh mozzarella, gorgonzola, pecorino, topped with shaved parm, fresh basil and evoo
- CONTADINA** 25
Our Meat Lover pizza with fresh mozzarella, tomato sauce, salami, pepperoni, italian prosciutto cotto and meatballs
- PEPPERONI** 20
Fresh mozzarella, tomato sauce and "pepperoni"
- CRUDO E RUCOLA** 24
Fresh mozzarella, tomato sauce, prosciutto di Parma and arugula
- CAPRICCIOSA** 23
Fresh mozzarella, tomato sauce, italian prosciutto cotto, artichokes, olives and mushrooms
- ORTOLANA** 21
Our "Veggie" pizza with fresh mozzarella, tomato sauce, cherry tomatoes, onions, olives, mushrooms, arugula and zucchini

GOURMET SANDWICHES

Lunch only

- CAPRESE** 15
Fresh mozzarella, fresh tomatoes, pesto and evoo
- PROSCIUTTO DI PARMA** 18
Prosciutto di parma, fresh mozzarella, arugula and evoo
- PROSCIUTTO COTTO e BRIE** 17
Italian prosciutto cotto, brie cheese, fresh tomatoes, mixed greens and mayo

ADD ON

- Grilled Chicken 7
Shrimps 9
Prosciutto di Parma 6

Our Signatures

HOMEMADE PASTA

SPAGHETTI al POMODORO	20
Handmade spaghetti with fresh pomodoro sauce and basil	
TAGLIATELLE al RAGÙ	24
Homemade tagliatelle with traditional ragu romagnolo made with ground beef and pomodoro sauce	
LASAGNA alla BOLOGNESE	26
A Bologna classic recipe. Our layered pasta with beef ragu, besciamella cream and parmesan cheese	
GNOCCHI al PESTO	24
Potato gnocchi, served in a homemade traditional pesto sauce with parmesan cheese, evoo and garlic	
RAVIOLI ai PORCINI	28
Pasta stuffed with porcini mushrooms sauce, served with butter, sage and parmesan cheese	
RAVIOLI di RICOTTA e SPINACI	27
Pasta stuffed with ricotta and spinach, served with homemade pomodoro sauce	
SPAGHETTI alla CARBONARA	25
Homemade spaghetti with italian guanciale (pork), served in a cream made of eggs, pecorino romano, black pepper and parmesan cheese	
RAVIOLI di ARAGOSTA	30
Lobster stuffed ravioli served in our signature white wine and evoo sauce topped with shrimps	
SPAGHETTI alle VONGOLE	30
Homemade spaghetti with fresh clams, evoo, garlic and parsley, served in the same pan that was cooked	
RIGATONI alla BOSCAIOLA	28
Homemade rigatoni with sausage, ham and mushroom in a rich and creamy panna white sauce, topped with parmesan and parsley	

SAPIDO'S

Entrees

SALMONE al LIMONE	32
Pan fried salmon sauteed with white wine, evoo and fresh lemon, served with side salad	
POLLO ALLA PIZZAIOLA	28
2 chicken breasts, cooked in our homemade marinara sauce topped with fior di latte mozzarella, evoo, origano and fresh basil, served in the same pan that was cooked with toasted bread	

SIDES

Roasted Potatoes	5
Small House Salad	8
Sauted Broccoli	5

SÀPIDO [sà-pe-do] [sapid in English] adjective
 [from the Late Latin *sapidus*, derived from *sapere* << Tasty >>]
 Having taste, full of flavor: a.s. dish; s wine, agreeable to the taste

MENU

Italia

DESSERTS

PANNA COTTA	12
TIRAMISU	12
TORTA al CIOCCOLATO (Gluten free)	10
CHEESECAKE all'italiana	12
CANNOLI RICOTTA	8
PROFITTEROLES	10



BEVERAGES & COFFEE

Soda Can	3.5
Acqua Panna flat water 0.75 cl	7.0
San Pellegrino sparkling water 0.75 cl	7.0
Hot tea / Cold tea	4.5
Espresso	3.5
Macchiato	4
Americano	4
Cappuccino	5